Eating in England

Hi. I'm Sophie, I'm nine years old and I'm from England. English food is really delicious.

We eat a lot of potatoes. Sometimes we have chips, sometimes mashed potato and at lunchtime we like to have a jacket potato.

In England it can be very cold and it is usually raining! We eat a lot of warm food like pies or meat and vegetables.

In the mornings we eat toast or cereal before we go to school or work. We eat our lunch at twelve o'clock and we have a sandwich or a bowl of soup. At five or six o'clock we have our evening meal.

At the weekend we eat different things. At lunchtime we have a big meal called a Fry Up. It is bacon, eggs, sausages, baked beans, tomatoes, mushrooms and toast. Sometimes in the evening we have a takeaway meal like fish and chips, Chinese food or Indian food.

My favourite day is Sunday because at lunchtime we have a special meal called a Roast Dinner. We have meat like beef, lamb or pork with roast potatoes, vegetables and a brown sauce called Gravy.

Do you like any English food? Do you eat at different times in your country?

Questions:

1. Her name is Sophie and she is from...?
   a. Scotland
   b. England
   c. Ireland

2. English people eat a lot of.....?
   a. Potatoes
   b. Tomatoes
   c. Carrots
3. In England the weather is.....?
   a. Hot and rainy
   b. Cold and rainy
   c. Cold and windy
4. English people eat toast or cereal...?
   a. At lunchtime
   b. At night
   c. In the mornings
5. At lunchtime, English people usually eat....?
   a. Fish and Chips
   b. Fry Up
   c. Soup or a sandwich
6. At the weekend, English people sometimes have a...?
   a. Takeaway meal
   b. Pie and chips
   c. Jacket Potato
7. Sophie's favourite day is....?
   a. Monday
   b. Friday
   c. Sunday
8. English people eat Roast Dinners with Gravy, which is a ….?
   a. Black sauce
   b. White sauce
   c. Brown sauce

Match the pictures with the words:  
1. Fry Up  
2. Fish and Chips  
3. Mashed Potato  
4. Roast Dinner  
5. Jacket Potato